

# Improvisation in the Therapeutic Dyad

**Presented by Philip Ringstrom, PhD, PsyD**

**Thursday, November 21, 2019**

**7:00 PM – 9:00 PM**

7:00pm Networking | 7:30 Presentation

The Lovett Center  
900 Lovett Blvd., Houston, TX 77006

Non-member Registration Fee: \$20

CEU Fees (1.5 CEUs)

Active Members & Student Members: Free

Friend Members & Non-Members: \$20



Philip Ringstrom, PhD, PsyD, will present his views on relational analysis. He looks at every psychoanalytic therapy as its own and unique relational field born out of the mutual influences of both the therapist and patient. From the first session forward, the field is developing through the introduction of new material, as well as repetitions of that material. Attending to the dramatic structures and narrative themes enables us to cultivate engagement in improvisational moments in the therapy, notwithstanding their being largely unbidden and spontaneous. He will also be presenting guidelines for therapeutic action which relate to the cultivation of an improvisational atmosphere in the treatment.

## OBJECTIVES

1. To gain and deepen understanding of the co-construction of the relational field
2. To gain facility in recognizing dramatic structures and narrative themes that manifest in therapeutic work
3. To further one's capacity to incorporate a Winnicottian sense of play through the cultivation of an improvisational atmosphere and attitude

## Presenter



**Philip Ringstrom, Ph.D., Psy.D.** is a Senior Training and Supervising Analyst and Faculty Member at the Institute of Contemporary Psychoanalysis, in Los Angeles, California, where he is also in full time private practice. He is a Member of the Editorial Boards of *Psychoanalytic Dialogues*, *International Journal on Psychoanalytic Self Psychology* and *Psychoanalytic Perspectives*. He is also a founding member of the Board of Directors of the International Association of Relational Psychoanalysis and Psychotherapy and a member of the International Council of Self-Psychologists. He has published over 60 articles, chapters and reviews and has presented at conferences all over the world. His book *A Relational Psychoanalytic Approach to Conjoint Therapy* (Routledge 2014) won the Goethe Award for best book in psychoanalysis for 2014. He is currently working on a new book on *Dramatization, Narration, and Improvisation in Psychoanalytic Field Theory: Forty Years in Search of a Relational Metapsychology*.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and The Center for Psychoanalytic Studies. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.