

Psychoanalysis and the Gender Affirmative Model: Both Friends and Enemies, from the Lens of the Child

Presented by Diane Ehrensaft, PhD

Thursday, February 27, 2020

7:00 PM – 9:00 PM

7:00pm Networking | 7:30 Presentation

The Lovett Center
900 Lovett Blvd., Houston, TX 77006

Non-member Registration Fee: \$20

CEU Fees (1.5 CEUs)

Active Members & Student Members: Free

Friend Members & Non-Members: \$20



Historically, this is a pivotal time for psychoanalysis to re-tool itself to offer both comprehensive and best care of children and youth who transgress our normative gender structures, either by declaring that they are not the gender everyone thinks they are or not amenable to performing their gender within the socially prescribed norms for the gender that matches their designated sex at birth, or perhaps both. A comparison will be made between more traditional psychoanalytic concepts of binary gender development and more contemporary psychoanalytic understanding of gender development not in boxes but in multiplicity. Calling on Winnicott's constructs of personality development, feminist psychoanalytic theories of gender, psychoanalytic concepts of mirroring, and Irene Fast's concepts of gender inclusivity, Dr. Ehrensaft will present her model for promoting gender health among gender expansive children and youth through an integration of psychoanalytic tools and the recently developed gender affirmative model.

OBJECTIVES

1. Attendees will gain an understanding of the interface of nature, nurture, and culture in the evolution of a child's gender self to clinical treatment.
2. Attendees will be able to integrate Irene Fast's theory of gender inclusivity into a developmental understanding of the transgender/gender expansive child.
3. Attendees will be able to differentiate gender expansiveness or transgender identity as a core issue of self from gender dysphoria as a symptom of some other underlying psychological issues.

Presenter



Diane Ehrensaft, PhD is a developmental and clinical psychologist, associate professor of Pediatrics at University of California San Francisco, and Director of Mental Health of the Child and Adolescent Gender Center, UCSF Benioff Children's Hospital. She specializes in research, clinical work, training, and consultation related to gender expansive children, and publishes and lectures both nationally and internationally on this topic. Dr. Ehrensaft is presently co-investigator in a four-site NIH grant studying the effects of puberty blockers and gender-affirming hormones in gender expansive and transgender youth and principal investigator in a companion four-site grant studying the psychological experiences of prepubertal gender expansive children. She is co-editor with Dr. Colt Keo-Meier of *The Gender Affirmative Model*, and author of *The Gender Creative Child*; *Gender Born, Gender Made*; *Mommies, Daddies, Donors, Surrogates*; *Building a Home Within* (co-edited with Toni Heineman); *Spoiling Childhood*; *Parenting Together*. Dr. Ehrensaft received her PH.D. from the University of Michigan and has served on the faculty of UCSF, University of California, Berkeley, The Wright Institute Berkeley, Psychoanalytic Institute of Northern California, and Access Institute San Francisco. She is a member of WPATH and a chapter work group member for the WPATH Standards of Care Version 8 and also on the Board of Directors of Gender Spectrum, an organization providing education, advocacy, and support to families, schools, and community to build gender inclusivity. Dr. Ehrensaft is also a founding member, advisory board member, and senior clinician of A Home Within, a national organization offering pro-bono psychotherapy and serving the emotional needs of children and youth in foster care.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and The Center for Psychoanalytic Studies. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.