

Psychoanalysis: Evidence-based Treatment for OCD

Presented by Jack Novick, Ph.D.
and Kerry Novick

Thursday, February 28, 2019
7:00 - 9:00 PM

7:00 Networking | 7:30 Presentation (1.5 CEUs)

The Menninger Clinic
12301 S. Main St., Houston, TX 77035



Non-member Registration Fee: \$20

CEU Fees
Active Members & Students: Free
Friends and Non-members: \$20

People suffering from OCD are now rarely referred for psychoanalytic treatment. Using clinical material from the treatment of a late adolescent, the Novicks demonstrate that psychoanalysis remains the treatment of choice for these problems.

OBJECTIVES

1. Participants will understand how to diagnose specific defenses involved in OCD.
2. Participants will understand how to apply expanded techniques to the treatment of OCD.
3. Participants will understand how to use the two-systems model of self-regulation to understand and enhance treatment of severe personality disorders.

Presenter



Jack Novick, PhD and Kerry Kelly Novick are child, adolescent and adult psychoanalysts on the faculties of the Michigan Psychoanalytic Institute and the Michigan Psychoanalytic Council, and several others throughout the country. They are both training and supervising analysts of the International Psychoanalytical Association. They trained with Anna Freud in London, England and are active in teaching, research, and the community. They joined with other colleagues to found an award-winning non-profit psychoanalytic school, Allen Creek Preschool, in Ann Arbor, MI. Both Jack and Kerry Novick have written extensively, with many articles published in major professional journals, on topics of defense, termination, development, verbalization, sadomasochism, therapeutic alliance, and omnipotence. Their book "Fearful Symmetry: The Development and Treatment of Sadomasochism" was reprinted in paperback in 2007. "Working with Parents Makes Therapy Work" was published in 2005, and "Good Goodbyes" in 2006. "Emotional Muscle: Strong Parents, Strong Children" appeared in 2010 and their latest book, "Freedom to Choose: Two Systems of Self-Regulation" was published in late 2016. All have been translated into several other languages.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and The Center for Psychoanalytic Studies. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

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