

Psychopharmacology for Non-Prescribers

Presented by Catherine D. Stevenson, MD

Saturday, April 13, 2019

8:30 AM - 12:00 PM

8:30 Networking | 9:00 Presentation (3 CEUs)

The Lovett Center
900 Lovett Boulevard
Houston, TX 77006

Free parking on the north side of the building

Workshop Fees: (inclusive of CEUs)

Active Members: \$75

Student Members: \$25

Friend Members: \$100

Non-Members: \$125



This workshop is an overview of the current thinking in psychopharmacology for therapists who do not prescribe medication. A greater understanding of medications and their uses can help therapists support their clients. Going beyond the well-known antidepressants, the workshop will discuss multiple strategies for augmentation, as well as a variety of indications for mood stabilizers and atypical antipsychotics. Strategies for effective collaboration between therapists and prescribers will be explored.

OBJECTIVES

1. Participants will understand how to identify three possible ways to augment antidepressants.
2. Participants will understand why a mood stabilizer could be helpful, even if a client is not bipolar.
3. Participants will understand how to list three indications for the use of atypical antipsychotics.

Presenter



Dr. Catherine Stevenson is a psychiatrist and psychoanalyst in private practice in Houston, Texas. She trained at the Menninger Clinic in Topeka, Kansas, moving to Houston as part of the Menninger-Baylor College of Medicine merger to complete her residency. Psychoanalytic studies, begun at the Topeka Institute for Psychoanalysis, were completed at the Houston-Galveston Psychoanalytic Institute after the move. A former President of the Houston Psychoanalytic Society, Dr. Stevenson is a Clinical Assistant Professor in the Menninger Department of Psychiatry at Baylor, where she teaches and supervises residents in psychotherapy. Dr. Stevenson is also a member of the faculty of the Center for Psychoanalytic Studies.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of American Psychoanalytic Association and The Center for Psychoanalytic Studies. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Houston
Psychoanalytic
Society

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