

Houston Psychoanalytic Society announces

Infant-Parent Research and Its Applicability to Adult Treatment: A Dyadic Systems View

A Study Group and Online Discussion Group
facilitated by JoAnn Ponder, PhD

4 Tuesdays August 18, 2020-September 8, 2020, 7:00pm-8:30pm

6 CME/CEs



While the Oedipus complex was the centerpiece of classical psychoanalysis, the infant-parent relationship has become the foundation for relational psychoanalysis. This view has been promulgated by findings such as those of Beatrice Beebe, PhD, who is one of the foremost psychoanalysts, researchers, and scholars in the field. Her videotaped microanalyses of infant-mother interactions demonstrate the early origins of attachment, dyadic self- and mutual-regulation, and intersubjectivity. Beebe, in turn, applies her findings to the psychoanalytic treatment process with adult patients. This intermediate-level study group will review her infant research as summarized in several documentary films available online and in her most recent book, and also will consider how the findings apply to adult treatment as described in some of her journal articles. Participation is open to persons who plan to register for the Beebe conferences, as well as those who do not plan to attend. Enrollment for the study group is limited. Participants must obtain Beebe's book and access the documentaries online. Journal articles will be emailed.

JoAnn Ponder, PhD is a psychologist-psychoanalyst who has a private practice in Austin treating individuals, couples, and families. She is a faculty member at the Center for Psychoanalytic Studies in Houston, where she completed training in adult psychoanalysis and child psychotherapy. She completed a series of infant-parent observations as part of her child coursework. She subsequently completed the two-year infant-parent mental health intervention program at the University of Massachusetts at Boston, where the founder, Ed Tronick, still teaches. JoAnn previously facilitated a seminar on infant-parent observation for Austin Psychoanalytic. She has presented at national psychoanalytic conferences and published a book chapter on the psychological processes of bonding with an adoptive child.

August 18

Beebe, B., Cohen, P. & Lachman, F. (2016). *The mother-infant interaction picture book: Origins of attachment*. New York: Norton. Chapters 1-7.

Dougherty, K. (2016). *Mother-Infant Communication: The Research of Dr. Beatrice Beebe*. Documentary film available on Psychoanalytic Electronic Publishing [PEPweb],

August 25

Beebe, Cohen & Lachmann (2016), Chapters 8-13.

Beebe, B. *Decoding the Nonverbal Language of Babies*. A 30-minute internet talk on (<http://www.aei.org/events/decoding-the-nonverbal-language-of-babies/>)

September 1

Beebe, B. & Lachmann, F. (1998). Co-constructing inner and relational processes: Self- and mutual-regulation in infant research and adult treatment. *Psychoanalytic Dialogues*, 15: 480-516.

Beebe, B. & Lachmann, F. (2002). Organizing principles of interaction from infant research and the lifespan prediction of attachment: Application to adult treatment. *Journal of Infant, Child and Adolescent Psychotherapy*, 2: 61-89.

Beebe, B. Internet interview about her work, Part I. (<https://www.youtube.com/watch?v=Wzy4ShfgFE>)

September 8

Beebe, B., Rustin, J., Sorter, D. & Knoblauch, S. (2003). An expanded view of intersubjectivity in infancy and its application to psychoanalysis. *Psychoanalytic Dialogues*, 13: 805-841.

Beebe, B. & Lachmann, F. (2003). The relational turn in psychoanalysis: A dyadic systems view from infant research. *Contemporary Psychoanalysis*, 39: 379-409.

Beebe, B. Internet interview, Part II. (<https://www.youtube.com/watch?v=N50jY6vWEOM>).

Learning Objectives

- 1) Describe the utility of microanalyses of videotaped infant-parent interactions.
- 2) List and describe the characteristics of infant attachment styles.
- 3) Describe the major parenting behaviors that may contribute to these infant attachment styles.
- 4) Describe self- and mutual regulation in infancy, and its correlates in adult treatment.
- 5) Describe how attachment styles may manifest in adult treatment.
- 6) Define intersubjectivity and its manifestations in adult treatment.



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